



Eidgenössische Technische Hochschule Zürich  
Swiss Federal Institute of Technology Zurich

Multimedia Production

Videostudio  
wiesemar@id.ethz.ch  
+41 44 633 43 28

## Green Screen Check List

Video recordings in front of green screens place particular demands on the protagonists, in order to ensure a successful separation of the foreground from the background.

- Do not wear clothes or jewellery with green tones (this includes turquoise and olive).
- If possible, do not wear bright white clothing, especially in the shoulder region.
- Avoid clothing (especially dark clothes) with a silky shine.
- Items of clothing with a small pattern are also unsuitable. During recording this can lead to an annoying moiré effect (visual artefact).
- Complex pieces of jewellery (earrings, wide finger rings) or delicate applications on clothing should be avoided, as they can reflect the green screen.
- If possible: do not wear long hair open or flatten it down. Individual hairs that are sticking out should be smoothed down just before the recording in the studio.
- The recording should take place without glasses, if possible.
- Ideally, you should bring a spare top with you.
- If you are going to use a make-up artist, which we strongly recommend, and wish to use your own beauty products, then bring these along with you.